

General information	Subject name, code and number of credits	Contemporary Theories of Clinical Psychology, CPSY514, 3KU (6AKTS)	
	Department	Psychology	
	Program (Bachelor, Master)	Master	
	Academic semester	Fall 2023	
	Teacher(s) teaching the subject	Zarina Aliyeva	
	Email:	mzarinaz@gmail.com	
	Phone:		
	Lecture Room/Schedule	Mahsati str 11, (Neftchilar Corpus)	
	Consultation time		
Prerequisites	-		
Language of instruction	English		
Type of subject (compulsory, optional)	Compulsory		
Textbooks and additional literature	<ol style="list-style-type: none"> <li>1. Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley &amp; Sons, Inc.</li> <li>2. David H. Barlow.(2011). The Oxford Handbook of Clinical Psychology. Oxford University Press.</li> <li>3. Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.</li> <li>4. American Psychiatric Association. (2013). Daignostic and Statistical Manual of Mental Disorders. DSM-5. Fifth Edition. Arlington, VA.</li> <li>5. World Health Organization. (1990). The ICD-10: Classification of Mental and Behavioural Disorders.</li> <li>6. American Psychological Assosiation. (2017). Ethical Principles of Psychologists and Code of Conduct.</li> </ol>		
Teaching methods	Lecture	+	
	Group discussion	+	
	Practical assignments	+	
	Analysis of practical cases	+	
	Application	+	
Evaluation	Midterm exam	30	Week 8
	Activity	5	(During semester)
	Individual Assignment	10	(During semester)
	Presentation	10	(During semester)
	Final exam	40	January

	Attendance	5 (During semester)
	Overall	100
Description of course	The course "Contemporary Theories of Clinical Psychology" will provide students with overview of modern theories and psychotherapy approaches used worldwide today. Students will practice their theoretical knowledge during case studies. They will better understand why theoretical basis is extremely important for making any decisions in clinical practice at the stage of assessment, formulation, treatment and evaluation.	
Course objectives	Students will have a solid knowledge of: <ul style="list-style-type: none"> <li>➤ Objectives, history and stages of clinical practice of clinical psychology</li> <li>➤ Evidence-based practice and ethical issues in clinical psychology</li> <li>➤ Contemporary evidence-based psychotherapy approaches</li> <li>➤ Modern theories of clinical psychology</li> </ul>	
Marking Criteria	<ul style="list-style-type: none"> <li>➤ If plagiarism is detected in one assignment, other assignment by the student concerned will be examined very carefully for evidence of the same offence.</li> <li>➤ Presentation</li> <li>➤ Information: detailed, accurate, relevant; key points highlighted;</li> <li>➤ Structure: rigorously argued, logical, easy to follow;</li> <li>➤ Analysis and Interpretation: extensive evidence of independent thought and critical analysis;</li> <li>➤ Use of relevant and accurate Evidence: key points supported with highly relevant and accurate evidence, critically evaluated;</li> <li>➤ Presentation Skills: clear, lively, imaginative; good use of visual aids (where appropriate);</li> <li>➤ Time Management: perfectly timed, well organised;</li> </ul>	
Regulations (Teaching Policy and Conduct)	Expectations from students: <ol style="list-style-type: none"> <li>1. High attendance is expected</li> <li>2. Be active during class activities and discussions</li> <li>3. Individual assignment and presentation should meet the requirements and contain information about literature sources.</li> <li>4. Plagiarism and copying during exams and assignments will not be tolerated</li> </ol>	
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Week	Lecture themes	Textbooks
1	Introduction to clinical psychology	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
2	History of Clinical Psychology	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
3	Four Major Theoretical Models in Clinical Psychology	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
4	A psychodynamic approach	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
5	Behavioral and Cognitive-Behavioral Approaches	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.

6	Humanistic approach	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
7	Family systems approach	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
8	Midterm	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
9	Integrative Approaches in Contemporary Clinical Psychology	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
10	Biopsychosocial Approaches in Contemporary Clinical Psychology	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
11	Contemporary Psychological Assessment	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
12	Psychotherapeutic interventions	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
13	Fields of clinical psychology	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
14	Evidence-based practice in clinical psychology	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
15	Presentations	Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York.
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