| General                                 | Course name, code and credit   | PSYCH 101, Introduction to Psychology, 3 KU (6                   |                              |  |
|---|--|--|------------------------------|--|
| information                             | Department   | AKTS)  |                              |  |
| mormation                               | Department   | Psychology   |                              |  |
|   | Programme (bachelor, master)   | Bachelor   |                              |  |
|   | Semester   |  | Fall 2023                    |  |
|   | Lecturer   | Amina Aliyeva  |                              |  |
|   | E-mail:  | Aminaaliyeva00@gmail.com   |                              |  |
|   | Phone:   |  |                              |  |
|   | Lecture room/Schedule  | Tuesday 10:10<br>Thursday 10:10                                  |                              |  |
|   | Counseling   | With an appoinment   |                              |  |
| Prerequisites                           | -  |  |                              |  |
| Course Language                         | Azerbaijan   |  |                              |  |
| Course Type<br>(requisite,<br>elective) | Requisite  |  |                              |  |
| References                              | <ul> <li>Plotnik, R. (Year). Introduction of Psychology (2013)</li> <li>Bayramov, Ə. S., &amp; Əlizadə, Ə. Ə. (2009). Psixologiya.</li> <li>İbrahimov, C. (Year). Psixologiyadan Mühazirə Konspektləri.</li> <li>Seyidov, S. G., &amp; Həmzəyev, M. Ə. (Year). Ümumi Psixologiya.</li> </ul>   |  |                              |  |
| Teaching methods                        | Lecture  | +  |                              |  |
| - ••••••••••••••••••••••••••••••••••••  | Group discussion   | +  |                              |  |
|   | Practical tasks  | +  |                              |  |
|   | Analysis of practical issues   | +  |                              |  |
| Evaluation                              | Components   | Date/deadline  | Percent (%)                  |  |
|   | Midterm exam   | Week 8   | 30                           |  |
|   | Activity   | During semestr   | 5                            |  |
|   | Quiz   | a week before an exam  | 10                           |  |
|   | Presentation/Group discussion  | november   | 10                           |  |
|   | Final exam   | End of semester  | 40                           |  |
|   | Attendance   | During semestr   | 5                            |  |
|   | Final Grade  |  | 100                          |  |
| Course                                  | The objective of this course, introduction to basic principles, processes, approaches and  |  |                              |  |
| description                             |  |  |                              |  |
| description                             | procedures of psychology. This course provides a comprehensive introduction to the   |  |                              |  |
|   | fascinating field of psychology. Students will explore the fundamental principles, theories,   |  |                              |  |
|   | and methodologies that form the basis of psychological inquiry. The course covers a broad  |  |                              |  |
|   | range of topics, including the his   | tory of psychology, biologi                                      | cal foundations of behavior, |  |
|   | cognitive processes, social interactions, and abnormal psychology.   |  |                              |  |
| Course aims                             | Define psychology and list the goals of psychology as a science.   |  |                              |  |
|   | Trace the history of psychology through Philosophy to Structuralism, Functionalism,  |  |                              |  |
|   | Behaviorism, Biological approach, Gestalt, Psychoanalysis, so on.  |  |                              |  |
|   |  |  |                              |  |
|   | <ul> <li>Understand the various research methods in psychology.</li> <li>State the primary interest of developmental psychologists (nature vs. nurture).</li> <li>Discuss Piaget's stages of cognitive development (stages and concepts).</li> <li>Discuss Erikson's Psychological Stages of Development</li> <li>Define the concept of sensation and perception.</li> <li>Define attention and memory, consciousness, and be aware of sensory awareness, selective attention, inner awareness, and a sense of self.</li> <li>Describe the process of learning and some approach regarding is learning process.</li> </ul> |  |                              |  |
|   |  |  |                              |  |
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|   |  |  |                              |  |
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|   |  |  |                              |  |
|   |  |  |                              |  |
|   | <ul><li>Describe the processes of e</li></ul>  | Describe the processes of encoding, storage, and memory process. |                              |  |

| Week 1. 2. 3. 4.  |  |
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| 1.<br>2.          |  |
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| Week              |  |
|                   |  |
| Policy            |  |
| Learnin<br>outcom |  |

|     |            |   | Psychology (2013)                   |
|-----|------------|---|-------------------------------------|
| 5.  | 17.10.2023 | Main principles and approaches of sensation and | Plotnik, R. (Year). Introduction of |
|     |            | perception                                      | Psychology (2013)                   |
| 6.  | 25.10.2023 | Needs, motives, emotions                        | Plotnik, R. (Year). Introduction of |
|     |            |   | Psychology (2013)                   |
| 7.  | 31.10.2023 | Personality development                         | Plotnik, R. (Year). Introduction of |
|     |            |   | Psychology (2013)                   |
| 8.  | 07.11.2023 | Midterm exam                                    | Plotnik, R. (Year). Introduction of |
|     |            |   | Psychology (2013)                   |
| 9.  | 14.11.2023 | Attention and memory                            | Plotnik, R. (Year). Introduction of |
|     |            |   | Psychology (2013)                   |
| 10. | 21.11.2023 | Thinking and speech                             | Plotnik, R. (Year). Introduction of |
|     |            |   | Psychology (2013)                   |
| 11. | 28.11.2023 | Communication psychology                        | Plotnik, R. (Year). Introduction of |
|     |            |   | Psychology (2013)                   |
| 12. | 04.12.2023 | Abilities and intelligence                      | Plotnik, R. (Year). Introduction of |
|     | 0          |   | Psychology (2013)                   |
| 13. | 11.12.2023 | Temperament and character                       | Plotnik, R. (Year). Introduction of |
|     |            | 1   | Psychology (2013)                   |
| 14. | 18.12.2023 | Growing and developing                          | Plotnik, R. (Year). Introduction of |
|     |            |   | Psychology (2013)                   |
| 15. | 25.12.2023 | Psychological disorders                         | Plotnik, R. (Year). Introduction of |
|     |            |   | Psychology (2013)                   |
| 16. |            | Final exam                                      |                                     |