

Subject Details	Subject Title, code and credit hours	PSYC202, Personality Psychology, 3 KU (6 AKTS)	
	Department	Psychology	
	Program (bachelor's and master's)	Bachelor	
	Associated Term	Fall 2025	
	Instructor	Amina Aliyeva	
	E-mail:	<a href="mailto:Aminaaliyeva00@gmail.com">Aminaaliyeva00@gmail.com</a>	
	Phone	-	
	Lecture room/Schedule	210 N	
	Consultations	After lessons 30 minutes	
Teaching language	English		
Subject type (mandatory/elective)	Mandatory		
Readings	-		
Teaching methods	Lecture	+	
	Group discussions	+	
	Activities	+	
	Analysis of activities	+	
Assessment and Grading	Components	Deadlines	Percentage (%)
	Midterm exam	Week 8	30
	Essay	During semester	100
	Activity	During semester	10
	Attendance	During semester	5
	Presentation/Group Discussion	During semester	15
	Final exam	End of semester	40
Course Description	This course provides a comprehensive introduction to the field of psychology, exploring the scientific study of behavior and mental processes. Designed for students with no prior background in psychology, it covers a broad range of topics to give a solid foundation in the discipline.		
Course aims	<b>1. Introduction to Key Theories and Concepts</b> <ul style="list-style-type: none"><li>Familiarize students with foundational theories of personality, such as psychoanalytic, trait, humanistic, cognitive-behavioral, and biological perspectives.</li><li>Explore major concepts like traits, personality types, motivation, self-concept, and identity.</li></ul> <b>2. Understanding Personality Assessment</b> <ul style="list-style-type: none"><li>Teach methods for measuring personality, including standardized tests, self-report inventories, and projective tests.</li><li>Discuss the reliability and validity of these methods, as well as ethical considerations in personality assessment.</li></ul> <b>3. Examine Personality Development Across the Lifespan</b> <ul style="list-style-type: none"><li>Analyze how personality changes or remains stable over time.</li></ul>		

	<ul style="list-style-type: none"> <li>• Study factors that influence personality development, including genetic, environmental, social, and cultural influences.</li> </ul> <p><b>4. Explore Biological and Environmental Influences on Personality</b></p> <ul style="list-style-type: none"> <li>• Introduce students to the role of genetics, neurobiology, and evolutionary psychology in shaping personality.</li> <li>• Examine the impact of environmental factors like family, culture, and life experiences on personality.</li> </ul> <p><b>5. Discuss Applications of Personality Psychology</b></p> <ul style="list-style-type: none"> <li>• Investigate how personality psychology is applied in fields like clinical psychology, organizational psychology, and health psychology.</li> <li>• Explore how personality assessments can be used in counseling, education, and workplace settings.</li> </ul> <p><b>6. Develop Critical Thinking and Research Skills</b></p> <ul style="list-style-type: none"> <li>• Encourage students to critically evaluate personality theories, research methodologies, and findings in the field.</li> <li>• Promote the ability to design, conduct, and interpret research in personality psychology.</li> </ul> <p><b>7. Understand Cultural and Ethical Considerations</b></p> <ul style="list-style-type: none"> <li>• Discuss how personality is understood and valued differently across cultures.</li> <li>• Examine ethical issues related to personality testing, including privacy, consent, and cultural sensitivity.</li> </ul> <p><b>8. Foster Personal Insight and Self-Reflection</b></p> <ul style="list-style-type: none"> <li>• Encourage students to apply theories and concepts to better understand their own personalities.</li> <li>• Promote personal growth by recognizing how personality traits and patterns impact behavior and relationships.</li> </ul>
<b>Learning Outcomes</b>	<p>By the end of the course, students will be able to:</p> <p><b>1. Identify and Explain Key Personality Theories</b></p> <p>Demonstrate a clear understanding of major personality theories, including psychoanalytic, trait, humanistic, cognitive-behavioral, and biological perspectives.</p> <p>Compare and contrast these theories, understanding their historical development and core differences.</p> <p><b>2. Apply Personality Assessment Techniques</b></p> <p>Describe various methods for assessing personality, such as self-report inventories, projective tests, and behavioral assessments.</p> <p>Evaluate the reliability, validity, and ethical considerations of these assessment techniques.</p> <p><b>3. Analyze Personality Development Over Time</b></p> <p>Describe how personality traits and characteristics evolve or remain stable throughout the lifespan.</p>

	<p>Identify key biological, social, and environmental influences on personality development, considering the role of culture and family.</p> <p><b>4. Evaluate Biological and Environmental Influences on Personality</b>          Articulate how genetics, brain structure, and evolutionary factors contribute to personality.          Examine the impact of environmental factors like upbringing, culture, and life events on individual differences.</p> <p><b>5. Demonstrate the Application of Personality Psychology in Various Fields</b>          Explain how personality psychology is applied in clinical, organizational, and health contexts.          Use personality assessment insights to understand their relevance in counseling, workplace settings, and educational environments.</p> <p><b>6. Conduct and Critique Personality Research</b>          Design and interpret basic research studies in personality psychology, applying appropriate methodologies.          Critically assess research findings, understanding limitations and the importance of ethical considerations in research on personality.</p> <p><b>7. Reflect on Personal and Cultural Perspectives of Personality</b>          Recognize and appreciate the diversity in personality expression across different cultural backgrounds.          Understand ethical considerations and the importance of cultural sensitivity in assessing and studying personality.</p> <p><b>8. Develop Personal Insight and Self-Reflection Skills</b>          Apply theoretical knowledge to gain insights into one's own personality traits and behavioral tendencies.          Reflect on how personality traits influence personal relationships, career choices, and overall well-being.</p>
<b>Marking Criteria</b>	<p>Disrupting the lesson process and committing unethical actions during the lesson, having inappropriate and unauthorized discussions, using a mobile phone, listening device and radio, engaging in other activities not related to that lesson (reading books, writing, taking pictures, etc.) directly. is evaluated as a factor affecting activity,</p> <p>Actively participates in discussions, participates in every lesson, 1 point is deducted for 2 lessons not attended.</p> <p>Before the lesson, he participates in the questions and answers by reading the previous lesson.</p>
<b>Rules (educational policy and behavior)</b>	<p><b>Criteria for attendance and tardiness</b>          A student who is more than 10 minutes late to the class will not be allowed in the auditorium. He can only attend the next class</p> <p>Participation of students in all classes is important. If the student is unable to attend classes due to certain valid reasons (illness, family situation, etc.), then he must submit information about this to the dean of the faculty. A student who</p>

	<p>does not attend more than 25 percent of the total hours of study in a subject is not allowed to take the exam.</p> <p><b>Criteria of the practical issue</b></p> <p>Identifying working groups and distributing topics, preparing a presentation about researches and innovations and presenting them to the group.</p> <p>Active participation of students and inquiry will be carried out in order to gain awareness and evaluate themselves, taking into account each new information, in order to teach the topics and master what they have learned.</p>	
Week	Topics	Reference
1.	Introduction to Personality Psychology	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit 1 module 1
2.	Research Methods in Psychology	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit II module 4
3.	A psychodynamic approach to personality	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit III Module 9 and 10
4.	A cognitive approach to personality	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit IV
5.	A humanistic approach to personality	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit VI
6.	An interactionist approach	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit VII Module 31,32,33
7.	Stages of personality development	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit VII
8.	Midterm exam	
9.	The problem of personality structure. The structure of the "I" image	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit IX
10.	Socialization of personality	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit X
11.	Personality identity and life cycles	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit VIII
12.	The psychological nature of abilities. Initial natural conditions of personality development.	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit XIV

<b>13.</b>	Ability and intelligence	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit XII
<b>14.</b>	Personality and cultural environment	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit 8 module 43,44
<b>15.</b>	Character understanding and character accentuation	Myers, D. G., & Dewall, C. N. (2022). <i>Psychology</i> (13th ed.). Worth Publishers Unit XIII module 70,71,72
<b>16.</b>	Final exam	